

## Monday-Wednesday Schedule

7:30-8 a.m.	Breakfast
8:45-9 a.m.	Opening
9-9:30 a.m.	Team Contest
9:30-10:30 a.m.	Teaching Students
10:30-11:45 a.m.	League Games/Breakdown Cross Training
11:45 a.m.-noon	Team Shooting Contest
noon-12:15 p.m.	Small Groups
12:30-1:30 p.m.	Lunch
1:30-2:30 p.m.	Individual Contests
2:30-3:30 p.m.	Shooting/Offensive Stations
3:30-4:15 p.m.	3-on-3 League
4:15-5:30 p.m.	Rest and Relaxation
5:30-6:15 p.m.	Dinner
6:15-7 p.m.	Large Group Chapel
7-9:45 p.m.	League Games
9:45-10:15 p.m.	Camp Worship
11 p.m.	Lights Out

## Thursday Schedule

7:30-8 a.m.	Breakfast
8:45-9 a.m.	Opening
9-9:30 a.m.	Team Contest
9:30-10:30 a.m.	Teaching Stations
10:30-11:45 a.m.	League Games/Breakdown Cross-Training
11:45 a.m.-noon	Team Shooting Contest
noon-12:15 p.m.	Small Groups
12:30-1:30 p.m.	Lunch
1:30-2:30 p.m.	Individual Contests
2:30-3:30 p.m.	Shooting Stations
3:30-4:30 p.m.	1-on-1, 3-on-3, NBA 2-Ball Championships
4:30-5:30 p.m.	Room Check
5:30-6:15 p.m.	Dinner
6:15-7 p.m.	Large Group Chapel
7-8:30 p.m.	League Championships
8:30-9 p.m.	Closing Ceremony, RC Gym
9 p.m.	Camp End

## About the Camp Directors

### Jon Herbrechtsmeyer

- ✘ Head coach of Bethel women's basketball
- ✘ 19 years of collegiate coaching experience at Gustavus Adolphus, Wayne State, University of Sioux Falls (USF), Cornell College, and Bethel University
- ✘ Four playoff teams: 1996 USF; 2000 and 2002 Cornell; 2006 Bethel
- ✘ Extensive summer camp experience



### Lisa Carlson

- ✘ Assistant coach of Bethel women's basketball
- ✘ Six years of high school coaching experience
- ✘ Extensive AAU coaching experience
- ✘ Former Bethel player who played on two NCAA tournament teams

### Dwight Nelson

- ✘ Assistant coach of Bethel women's basketball
- ✘ Four years of high school coaching experience
- ✘ Three undefeated conference championship teams

### Coaches

- ✘ Premier Christian college and high school coaches assisted by Bethel University players



**Bethel University  
Basketball**

3900 Bethel Drive • St. Paul, MN 55112  
651.638.6032

# 08

**Bethel University**



**Christian  
Girls Basketball**

# CAMP

**June 16-19, 2008**

**For girls entering grades 5-12**

## About the Camp

The Bethel University Christian Girls Basketball Camp strives to provide opportunities for players to grow spiritually and athletically in an environment that is both challenging and encouraging. Campers receive instruction from Christian coaches and basketball players who will promote spiritual growth and teach core basketball skills. The instruction is nondenominational so that players from all church backgrounds will feel welcome.

## About the Camp Fee

The total fee for the basketball camp is \$350. This fee includes instruction, room, board, insurance, T-shirt, awards, and full use of the Bethel University facilities. A \$100 deposit is required with each registration. This amount is deducted from the total fee and is nonrefundable. Applications will be accepted in the order received until the camp limit of 140 is reached.

A camper instruction sheet (including what to bring and what not to bring), directions to Bethel, and a daily schedule will be sent upon receipt of the application.

## About the Age Groups

All female students entering grades 5-12 are welcome. Instructional groups are formed according to age.

# Bethel University

# BASKETBALL CAMP '08



## About the Facility

The Bethel University Christian Girls Basketball Camp uses the facilities of Bethel University—a beautiful wooded campus located on the shores of Lake Valentine in Arden Hills, Minn. The campus has an air-conditioned gymnasium with two full-sized college basketball courts, a 50,000 square foot fieldhouse with four full-sized courts, a training room, locker room with shower facilities, weight room, and air-conditioned classrooms. Campers are housed in air-conditioned residence halls with two or three campers per room, and are provided plenty of nourishing food in the university's dining center.

## Early Registration Discount

All registrations received before May 1, 2008, will be discounted \$10.

## Group Discount

A discount of \$10 per person is applied if **three** or more registrations are **mailed together**. (Please make a photocopy of the registration form.)

## Commuter Discount

Players commuting daily from home will receive a discount of \$50.

## Bethel University Christian Girls Basketball Camp Registration

Return this completed registration form with a \$100 deposit to:

Bethel University Christian  
Girls Basketball Camp  
3900 Bethel Drive, St. Paul, MN 55112

- I will take advantage of the Group Discount. Remainder of the fee (\$240 per person after deposit) is due upon arrival at camp.

Camper's Name \_\_\_\_\_  
Please print

Phone (\_\_\_\_) \_\_\_\_\_

Address \_\_\_\_\_  
Street

\_\_\_\_\_  
City State Zip

Age \_\_\_\_\_ Grade Entering \_\_\_\_\_

Height \_\_\_\_\_ Weight \_\_\_\_\_

T-Shirt Size: (adult sizes)

**XXL XL L M S**

- I will stay at home during camp and will arrive on campus after breakfast for a discount of \$50 off my total fee (Commuter Discount).

- Roommate request, if any. I would like to room with: \_\_\_\_\_

## Parental Consent

I certify that my child has been examined by a physician and found to be in good health and able to compete in all camp activities without restriction. Furthermore, I authorize the directors of the Bethel University Christian Girls Basketball Camp to act for me according to their best judgment in an emergency requiring medical attention. I hereby release the Bethel University Christian Girls Basketball Camp and their employees from all claims resulting from injury my child may sustain while attending camp.

\_\_\_\_\_  
Parent/Guardian Signature